

# Betsy Grunch, MD, FAANS, FACS, FCNS

- The Longstreet Clinic, Gainesville GA - (2013-present)
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- Duke University, Synthes Spine Fellowship (2011-2012) Board certified, American Board of Neurological Surgery, 2015







# Clinical Need Large Defects = High Risk of Recurrence/ Reoperation







	Outline
North Contraction	History of Annular closure     Clinical need     Failed technologies
	Barricaid Bone-Anchored Annular Closure RCT Barricaid: clinical and reimbursement skepticism
B	

# Goals for Lumbar Discectomy

- Treat sciatica
- Prevent disc reherniation
- Reduce back pain
- Maintain disc height
- Avoid acceleration of degenerative process



# **Discectomy Outcomes**

#### Viewed as successful:

- Clear indication
- Minimally invasive surgery
- Quick patient recovery
- Many single center studies show 90%+ good results  $^{1}\,$

## $\rightarrow$ But are the results really that good?

- Population based studies are less positive

<sup>1</sup>Microlumbar discectomy: Williams Spine 1986

# **Discectomy Outcomes**

- Swedish Spine Registry<sup>1</sup>
  - 2796 discectomy patients
  - Only 76% patient satisfaction at 1 Yr
- Washington State Study<sup>2</sup>
  - 3938 discectomy patients
  - 15% reop rate at 5 Yrs
- Finnish Study<sup>3</sup>
  - 25'359 discectomy patients
  - 18.9% reop rate at 9 Yrs

<sup>1</sup>The Swedish Spine Register: Strömqvist et al; Eur Spine J 2009 <sup>2</sup>Repeat Surgery Following herniated disc: Martin et al; Spine 2012 <sup>3</sup>Reoperations after lumbar disc surgery: Keskimäki et al; Spine 2000





# **Recurrent Herniation**

- Literature rate of 3 18%
- Greater risk in large annular defects
- Aggressive nucleus removal reduces risk, but increases back pain and segmental collapse
- Disc collapse leads to back pain and Modic changes



CLINICAL LUMBAR DISCU THE EFFECTS AND ANU BECCRI COMPOSITION AND AND DESCRIPTION OF A DESCRIPTION DESCRIPTION	OUTCOMES AFTER ECTOMY FOR SCIATIC SOF FRAGMENT TYP LAR COMPETENCE UNIT STATUS VIEW HELD THE NET WIT HER AND THE THE STATUS	CA: E				
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toal variables.	No. of patients	180	89	33	42	16
Readfac Patients in the Program Finance gr overall putcomes and the lowest rates of rate						
Results: Patients in the fragment/favore (p) overall backness and the Kevest Milds of Kith group had a 10% site of inhemiotion and a 1 advadad fragments and massive positrinic en- pations in the file fingerent Contained group outcomes scores were less improved compare	Duration of postoperative sick leave* + (wk)	1.2 (0-8)	1.2 (0+8)	1.3 (0+4)	1.0 (0-4)	1.7 (0-4)
Resetta: Potoria in the Ingeneral-Newor (P ournal) accounts and the locate Mello of ethic group heal a 100% while of reflections and a 1 actuated together and massive contribution and Patterna is the Na Ingeneral Contained group outcomes sources when Kes insurand Contain Cencellassies: Interoperation Entropy, an ethor what were description, condecourte, or () that were description, condecourte, or outcomes factoring Jurited Alcocotrys.	Duration of postoperative sick leave* * (wk) Postoperative Oswestry score * (points)	1.2 (0-8) 12.7 (0-69)	1.2 (0-8) 11.6 (0-28)	1.3 (0-4) 16.49 (2-48)	1.0 (0-4) 9.2 (0-19)	1.7 (0-4) 20.1# (0-69)
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Reading fragments in the Program Channel of more has a 150 cm of the Antonion State (150 cm of 150 cm of	Duration of postoperative sick leave* ' ( <i>wk</i> ) Postoperative Oswestry score * ( <i>points</i> ) Standard score * ( <i>points</i> ) Rate of recurrent/ persistent sciatica * Rate of documented rehernation *	1.2 (0-8) 12.7 (0-69) 8.5 (2.8-10) 11.7% (21) 8.9% (16)	1.2 (0-8) 11.6 (0-28) 9.05 (4.1-10) 1.1% (1) (1.1%5 (1)	1.3 (0-4) 16.49 (2-48) 8.0 (3.9-10) 27.3% (9) 27.3% (9)	1.0 (0-4) 9.2 (0-19) 8.8 (6.0-10) 11.9% (5) 9.5% (4)	1.7 (0-4) 20.1# (0-69) 6.0# (2.8-9.5) 37.5% (6) 12.5% (2)

Litera Neuro	ture: Mc0 surgery	Girt o 2009	et al, J )	Journal of			
Matthew J. McGirt, M.D. Department of Neuroscrepts, The jobes Hogicies Social Column Biomechanics and Society Columns Laboratory, The jobes Hogicies Hospital, Editioner, Mary Jand			LITERATURE	REVIEW			
Giannina L. Garcés Ambrosi, B.S. Department of Neurosciptys, They also Folgation Spiral Column Biomechanics and Spiral Column Education, Spiral Patterne, Hardwith Biomon, Natyland Ghazafa Dateo, B.S. Department of Neurosciptys, The Johns Topping Spiral Column Biomechanics and	RECURRENT DISC HERNIATION AND LONG-TERM BACK PAIN AFTER PRIMARY LUMBAR DISCECTOMY: REVIEW OF OUTCOMES REPORTED FOR LIMITED VERSUS ACCRESSIVE DISC REMOVAL						
Sugical Ourcomes Laboratory, The Johns Hopkins Hospital, Ealstroor, Maryland Daniel M. Sciubba, M.D. Decomment of Johannamory	TABLE 2. Summary of long-term outcome (>2 years postoperatively) after limited or aggressive discoctomy for primary disc herniation with radiculopathy*						
The Johns Hopkins Spinal Column Biomechanics and Surgical Outcomes Laboratory.	Limited discectomy series (ref. no.)	No. of patients	Persistent back or leg pain	Aggressive discectomy series no. (ref. no.)	No. of patients	Persistent back or leg pain (%)	
The Johns Hopkins Hospital, Baltimore, Maryland	Carragee et al., 2003 (3)	180	12	Loupasis et al., 1999 (23)	101	36	
limothy F. Witham, M.D.	Fountas et al., 2004 (13)	106	14	Mariconda et al., 2006 (27)	201	28	
he Johns Hopkins ninal Coheren Biomerchanics and	Yorimitsu et al., 2001 (57)	131	13	Hirabayashi et al., 1993 (19)	214	27	
argical Outcomes Laboratory. he Johns Hopkins Hospital,	Findlay et al., 1998 (12)	79	16	Kowalski et al., 1995 (22)	68	19	
	Henriksen et al., 1996 (18)	79	9	Schoeggl et al., 2002 (39)	672	27	
	Padua et al., 1999 (33)	120	13	Weber, 1983 (50)	57	20	
	Moore et al., 1994 (30)	100	7	Schoeggl et al., 2003 (40)	258	32	
	Goald, 1980 (16)	477	9.4				
	Davis, 1994 (9)	984	11				
			7.5				
	Wenger et al., 2001 (52)	104	1.5				
	Wenger et al., 2001 (52) Williams, 1986 (55)	903	14				
	Wenger et al., 2001 (52) Williams, 1986 (55) Range	104 903	14 7–16	Range		19-36	



Literati	ure: McGirt	et al, Spir	ne 20	009
A To Pri	Prospective Cohort Study of mography and Magnetic Re mary Lumbar Discectomy	Close Interval Compute esonance Imaging After	ed	
Fac	tors Associated With Recurrent Dis	c Herniation and Disc Height L	.055	
Mat Mile and	hew J. McGirt, MD,* Sandro Eustacchio, M rad Vilendecic, MD,5 Martin Trummer, MD, Eugene J. Carragee, MD**	D,† Peter Varga, MD,‡ † Miro Gorensek, MD,¶ Darko Ledic, M	10.jj	
	Prospective	Cohort Study of Recurrent Lu	umbar Disc H	erniation • McGirt et al 204
Table 2. Compariso Removed, Proportio Bottom Quartile (<8	n of Patient Age and Weight, P n of Disc Removed, and Anular ‰) of 2-Year Disc Height Loss	reoperative Disc Volume, P Defect Size Between Patie After Discectomy	reoperative I nts in the To	Disc Height, Volume of Disc p Quartile (>33%) <i>Versus</i>
Variable	>33% Disc Height Loss	<li>&lt;8% Disc Height Loss</li>	P (t test)	Regression Analysis Regressio Coefficient, P
Age (yr)	40 ± 8	42 ± 7	0.22	-0.004, P = 0.11
Weight (kg)	81 ± 15	79 ± 11	0.67	0.003, P = 0.09
Preoperative disc volume	(cm <sup>4</sup> ) 8.2 ± 3.1	8.1 ± 2.3	0.91	0.007, P = 0.36
Preoperative disc height	(mm) 6.2 ± 1.8	6./ ± 1.2	0.65	0.006, P = 0.66
volume of disc removed	(cm <sup>2</sup> ) 2.4 ± 1.4	1.5 ± 0.6	0.01	0.041, P = 0.02
Proportion of disc remov	Ed (%) 29 ± 14	$22 \pm 12$	0.09	0.194, P = 0.17
Anular derect size (mm <sup>*</sup> )	33 = 20	30 1 2	0.02	0.001, P = 0.93

2049

## Literature: Thomé et al, Journal **Neurosurgery Spine 2005**

- Clinical outcome after sequestrectomy better than after Recurrent disc herniation rate (≤ 18 mths): - discectomy 5%
  - sequestrectomy 10%
    - J Neurosurg Spine 2:271-278, 2005

Outcome after lumbar sequestrectomy compared with microdiscectomy: a prospective randomized study

CLAUDUS THOMÉ, M.D., MARTIN BARTH, M.D., JOHANN SCHARF, M.D., AND PETER SCHMIEDEK, M.D. Departments of Neurosurgery and Neuroradiology. University Hospital Mannheim, Germany

Object. Microdiscectony currently continues the standard treatment for herniated humbar discs. Although limiting surgery to excision of fragments has occasionally been surgereded, prospective data are lacking. Therefore, the objective of this study was to compare any structures and earned are younger who hardword free, studying and microdiscectomy. Methods, Egility-four connecutive patients 60 years of age or younger who hardword free, shallpannetary, or open, Intercourse promotesion actively was well as a structure of the properties of the structure starts are prompt. Intercourse promotesion actively were obscinated well as a structure properties or worten study print. Plater Statisfaction Index (FSI), Prob Scale score, and Short Form (SFF-) subscale results. Follow up of a least 12 methors was available in 73 patients (FSI), Structure and scalar score and properties or worten structures prome treated areas). Overall, how back and an a distative were distantiated reaction of host cores and and scale score treatment with the sequences of the score and and scalar were distantiated treatment in the sequences and the score score score and and scalar were distantiated treatment in the score s

# **Annular Repair: Challenges**

- Extremely high pressures (> 2.3MPa)<sup>1</sup>
- Extreme loads (4kN)<sup>1</sup>
- High degree of motion
- Generalized annular degeneration
- Poor healing<sup>2</sup>

1) In vivo measurements of pressures in the intervertebral disc, Wilke Spine 1999 2) Effect of anular repair on the healing strength of intervertebral disc Ahlgren Spine 2000

# **Annular Repair: Challenges**

- · Suture and glue failed to prevent reherniation
- No actual standard for prevention of disc rehernation
- The implantation of non-cell-based materials to prevent the recurrent disc herniation: Eur Spine J 2007 Wang et al.:
- Four materials, i.e., gelfoam, platinum coil, bone cement and tissue glue, were delivered into the discs via percutaneous spinal needle. They found that the disc injury could not recover after 2 months of healing, and the disc implantation affected the degree of disc integrity

## Annular closure device: Anulex Technologies 2006 - 2009

- Spinal disc annulus reconstruction method and spinal disc annulus stent
- System ™ a mesh braided implant used to provide a barrier and scaffold for soft tissue repair. Inserted into the hole (defect) and expanded thereby "plugging" the hole.



# Annular closure device: Anulex Technologies 2009 - 2014

- Xclose Tissue Repair System<sup>™</sup>

   a method of soft tissue reapproximation of the anulus fibrosus after a lumbar discectomy procedure. Used to repair the defect at the time of the initial procedure.
- Sutures placed to re-approximate the anular tissue and seal the defect. Due to perceived off-label promotion, they received a warning letter in February, 2011 from the FDA that has substantially disrupted their operations - sold IP and closed in 2014.





# Annular closure device: Orthonics

 Orthonics's technology has the ability to direct differentiation and promote growth of bone and cartilage cells. The Company visualizes this technology as an annular repair to prevent recurrent disc herniation. The technology utilizes the signalizing mechanism of micro-textured hydrogel to cause cell differentiation and ingrowth of cartilage tissue to restore function of intact annulus.



# Annular closure device: Warsaw Orthopedic

Warsaw Orthopedic, Inc. – a subsidiary of Medtronic, Inc. Invention/Patent: systems and methods for repairing anulus defects.

Systems include scaffolds, attachment members and anchors. Scaffold - acts a plug to substantially fill the anulus defect. The Anchors - secured to the vertebral bodies on each side of the disc space























# Annular closure device: Depuy Acromed

- Insertion repair material; plugging; porous, biocompatible strip
- + SIS Small Intestinal Submucosa problems with inflammation
- Never used in the disc only animal studies
- Company backed away









# Newvert

- The Octopus is a deformable nitinol frame that expands in situ upon delivery. It appears that stability is to be gained from interdigitation of nitinol legs into the surrounding anulus.
- After 2012 that included four press releases describing the formation, successful cadaver testing in Prof. Wilke's lab, and a market survey, the company has been quiet for the past 14 months.





**Future: Euro-DISC** 

- Clinical experience in **cell-based therapeutics:** disc chondrocyte transplantation.
- A treatment for degenerated or damaged intervertebral disc.
- Chondrocytes that have been removed from damaged cartilaginous tissues maintain a **capacity to proliferate**, produce and secrete matrix components and respond to physical stimuli such as dynamic loading.

# Annular closure device Future: Euro-DISC

- In 2002 a prospective, controlled, randomised, multi-center study, EuroDISC, showed a clinically significant reduction of low back pain and this was shown by all pain score systems (VAS, Owestry).
- Decreases in disc height over time were only found in the control group, and of potential significance, intervertebral discs in adjacent segments appeared to retain hydration when compared to those adjacent to levels that had undergone discectomy without cell intervention.

# Annular closure device: Barricaid

• Design History from failure to success

• Early designs failed due to migration (non-fixation to bone)



# Annular closure device: Barricaid

• Design History from failure to success

• Early designs failed due to migration (non-fixation to bone)



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Annular closure device:

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#### **Barricaid RCT Background**

- Long term results have shown that aggressive nucleus removal results in increased back pain in the long term<sup>1</sup>
- Limited nucleus removal leads to more frequent reherniation (2-18%), particularly in patients with large annular defects<sup>2,3,4</sup>
- Implantation of an annular closure device may allow for the advantages of limited nucleus removal without increased reherniation risk as well as the potential degeneration associated with aggressive nucleus removal

1 Watters, et al. An Evidence-Based Review of the literature on the consequences of conservative versus agressive discectamy for the treatment of primary disc hemistion with indiculopathy. Spine 2009, Marg 3(3) 246-57 A MConf, et al. Recent Board Hemiston and Long-Tem Back Pine Marker Primary Lumbar Discectomy:Review of Outcomes reported for To the spine agreement board metalion and Long-Tem Back Pine Marker Primary Lumbar Discectomy:Review of Outcomes reported for To the spine agreement board metalion and the spin and the spin

#### **Barricaid RCT: Methods**

- Multicenter, randomized, controlled, superiority study
- Randomization intraoperatively 1:1 Barricaid : Discectomy
- **Inclusion criteria:** six weeks conservative care, no prior surgery at the index level, minimum Oswestry (40/100) and minimum vas leg pain (40/100)
- Reoperations and adverse events tracked prospectively, patients are evaluated clinically and radiographically at 6 weeks; 3 and 6 months; and annually until 24 months

## **Barricaid RCT: Results**

- 21 clinical sites
- 554 patients enrolled (2010-2014)
- 3 year data used for PMA FDA approval 2018
- 5 year data published in 2022 JAMA













































Barricaid Demonstrates Improved Success Rate in ~800 Patients





Barricai	d Clinical Biomechanical	Evidenc	e: 70+ Stu	dies	Reimbursement	
Carragee 2003 • 27% rehemistion rate in patients with large defects (26mm width) •vs just 1% in small defects	Solution Wilke 1999 • Lumbar disc pressure is up to 334 psi (10x your car-tire!) • Picking up 45 lbs with poor posture/technique	Lequin 2012 Single arm, 12 months + 45 subjects - 2.4% rehemiation rate No device complications	Thomé 2018 2 year Level 1 RCT - Superiority study - S54 subj., 46 surgeons - Rehemilation: 12% vs 25% - Reoperation: 9% vs 16% all cause reoperation rate	of Adoption Thomé 2021 • 5 year RCT • Maintenance of benefits	Facility C-Code: • C9757 = Facility code assigned by CMS • Medicare national ave show consistent reimb increases over past 4yrs	
McGirt 2009 • Aggressive disc removal = 2.5x greater long-term back and leg pain • Conservative disc removal = 2x greater rehemiation rate	Wilke 2012 • Cadaver discs with holes in the annulus herniate in few cycles • Barricald survived 100k cycles with no herniation/device issues	Vukas 2013 • Single-arm, 2 years • 30 subjects • 0% rehemiation rate • No device complications	Sanginov 2018 • Single-arm • 120 subjects • 1.7% rehemiation rate	Kursumovic 2017 • 6 year real-world evidence • Single-arm, 171 subjects • 3.5% reherniation rate	Surgeon Codes • 63030 discectomy and • 22899 unlisted code as recommended by ISASS	
Miller 2018 • Meta-analysis: 7 relevant papers on 1650+ patients • Discs with large defects have a 2.5x risk of rehemiation and a 2.3x risk of reoperation	Bostelmann 2015 • Cadaver discs with large holes in the annulus have reduced pressure (relative to intact) • Barricald restores pressure to the intact state on average	Cho 2019 • 2 year RCT • 30 Barricald/30 Control • 5% vs 28.6% rehemiation rate • No device complications	Ardeshiri 2019 • Single-arm • 2 years • 75 subjects • 1.4% rehemiation rate	Wang 2023 - Level 1A meta- analysis - 2,161 study patients - Barricald was only annular repair technology to statistically improve outcomes	Claims Reviews • 1000+ Claim Reviews • Practice and Facility Support	
Klassen 2018 • Reoperations after discectomy are associated with: • Increased patient pain and dysfunction • More missed work	*Some studies outside FDA indication		Nunley 2023 • Single-arm study 1 year • 55 subjects, 12 sites • 3.6% rehemilation rate • 5.5% reop rate	Klassen 2019 • 554 Patient RCT • Reoperation choices, complications, and outcomes not impacted by Barricald	Cigna Positive Coverage Policy • Barricald specific Confirms medical necessity • Mimics FDA labeling • Evidence supports safety and efficacy	
BARRICAID						



## "Are There Real World Studies?"

Real-World Experience with a Bone-Anchored Closure Device: Preventing Rehemiation and Reoperation After Lumbar Discectomy in a High-Risk Patient Population Berg Grand, Nig. Jaan Zook, Nij. Hoke Muacking, Nij. Dreen kunier, Nijo, Narcus Stone, PiD; K. Brandon Strenge, HD

Betsy w... • Methods: • Single-arm, retrospective • 121 levels, 113 subjects • 7.sites, IR8 approval • 3 month follow-up • 4-44 a froor

- Compared to 3 month data from two studies:
- Level 1ACT Superiority Trial (Massen, et al.)
   S54 subjects enrolled
   Lit & Andromization (272 control : 262 Barricaid)
   (frial FDA Approval through PMA process 2020)
   Single arm, prospective post-approval study (Nunley, et al.)
   S5 subjects enrolled

#### **Results:**

- 118 subjects enrolled (121 levels)
  - Source data verification complete for all data
  - Mean age: 45±16 years
  - 58% male
  - Mean BMI 31±5)
  - 3-month rate of symptomatic reherniation was 4.1% (5/121) Four of these reherniations were reoperated with the fifth being treated conservatively. Overall, six reoperations were being performed at 5 levels (4.1%, 5/121).
  - No devices were explanted, and no device migrations or fractures have been observed

Results: 3 Month Reoperation and Renermation							
	US RWE (n=121)	Nunley, et al. Post-market Single- arm (n=55)	Klassen, et. al RCT Barricaid (n=262)	Klassen, et al. RCT Control (n=272)			
Reoperation	4.1%	1.8%	2.7%	5.5%			
Reherniation	4.1%	3.6%	2.7%	8.5%			



# Experience to Date: Case Study

- Starting implanting in August 2020
  - 119 patients identified pre-operatively
  - 54 patients to surgery with possibility to use Barricaid
  - 33 patients implanted

#### **Results: Reimbursement**

- Under protocol, reimbursement data was collected for the additional work associated with implantation of the bone-anchored annular closure device
  - The average total facility reimbursement for the procedure was \$11,628.73.

  - The average surgeon reimbursement (for unlisted CPT 22899) was \$810.85 (reported separately and in addition to lumbar discectomy codes)

# **Economic Surgeon Skeptics?**

- Is this a product looking for a procedure?
- Will my facility be reimbursed?
- · Will I be reimbursed?
- Prove reimbursement to me; I don't believe what the company says.













#### "Will I Be Reimbursed? Is There a CPT code?"

Physician (recommended by ISASS<sup>10</sup>)
 63030 discectomy plus
 22899 procedure code

- Prior Authorization success:
  - Normation Factors Success.
     Normal Prior Success.
     Intrinsic internal Prior-authorization and Patient Journey Teams
     Patient First Program
     Intrinsic program for reimbursement risk mitigation



10. CPT 22899 identified by ISASS (2020) as appropriate Barricaid procedure code for physician services. Physicians should consult with their local payor to determine the appropriate codes to bill for costs associated with annular repair and the work of implanting Barricaid







# Pre-operative Imaging

• 73-year-old female

Primary surgery L45 left



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# **Evaluating Annular Defect**

• Defect 4h x 6w  $\rightarrow$  8mm implant

Confirmed full-thickness defect
 Barrier needs clear path to nucleus





# Access and Approa

- Tube placement allows access to either endplate
- Alignment Trial shows eventual delivery tool position:
- In the defect
- On the endplate Against the vertebral body
- Note appropriate angle: Anchor will be fully embedded within L5 – not angled up at the endplate





# **Final Position**

- Pt-Ir marker within barrier shows position against opposing endplate
- Confirmed counter-sink of anchor into L5



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To close I want to share the stories of two nurses that I work closely with and that also became my patients

BARRICAID



